

THINKING
LEADERS

COMMUNICATION

Your Guidance

**FOR FURTHER INFORMATION
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WWW.THINKINGLEADERS.COM**

THE IMPORTANCE OF GUIDANCE

Finding an outstanding coach and mentor, for both personally and professional lives, can fast track your results.

From understanding where you are now, where you want to go and the gap in between, a great coach/mentor will help you focus, set and achieve goals and achieve your potential faster.

This is part of your self-leadership strategy. It's must not left to chance.

Relationships are the key influencer in your life and the lives of others.

The benefits of mentoring are numerous. For individuals, studies have shown that good mentoring can lead to greater career success, including promotions, raises, and increased opportunities.

A great coach or mentor will show you the way and share the secrets of success with you.

They believe in you, that you have everything you need within you – you simply need to access it – to believe in yourself, to be challenged, to feel uncomfortable and guide you to the top of your performance.

Coaching and mentoring are really important for leaders because, put simply, it brings the best out of the people you lead.

They generate confidence, inspire trust and fast-track team development.

As a leader of others, you are the mentor and coach of your team. You must be the benchmark of excellence and guide them to become the best versions of themselves.

So this is the turning point - you now get to use everything you have learned in this course with others.



THE COACH/MENTOR...

Success happens when best practices are in place for the three key ingredients:

1. The Coach/Mentor
2. The Mentee
3. The Relationship

Ingredient 1 - The Coach/Mentor

Who do you have in your life right now to guide, coach and mentor you?

Do they reflect their own experiences, including their failures?

Do they have lived experience or know what it feels like, sounds like, looks like?

Do they love helping people?



YOU AS THE MENTEE...

Ingredient 2 - The Mentee

Are you 100% committed to you and the process?

Are you prepared to get clear on what you want?

Will you ask for help, be vulnerable and open to new ideas and perspectives?

What is your relationship with feedback?

Are you responsible and accountable in your life? If not, are you prepared to step up?

Are you committed to the time required? Will you 'find the time'? If you don't have time, what are you choosing to spend time on instead?



THE RELATIONSHIP...

Ingredient 3 - The Relationship

What structure is the relationship going to take?

- Contact & response times - Who contacts who? How? Response times?
- Meetings: Where, when, and how often? Are you meeting in person? On the phone? Virtually?
- Confidentiality: What's shareable and what isn't?
- Focus: What are the parameters of the mentoring? What's in and out of bounds?
- Feedback: What are the expectations around giving and receiving feedback?
- Goals and accountability: What would each party want from this experience? How does the mentee want the mentor to hold her accountable? How does the mentor want the mentee to hold her accountable?

Take the time to get to know each other.

Set the expectations and agenda - purpose, focus, outcomes

- Expectations:

- Agenda:



FINDING A GREAT COACH AND MENTOR

The more successful the person is that you want as a guide, the more you have to be as ready as you can for real growth and advancement.

You will need to be proactive to find a great coach and mentor - you will need to take action.

The following are the best ways to find a coach and mentor. What have you tried so far?

1. Professional coaches - A professional coach will have the best experience with both coaching and mentoring. They will guide you and challenge you in your personal and professional lives.
2. Your job - there may be someone who can mentor you if you want guidance on your career or specific role related skills.
3. Specialist - they possess the specific kind of knowledge and help you need - they may be in the areas of business, marketing, sales, finance. They've lived the journey and it is their area of expertise.





AND NOW YOU AS THE COACH/MENTOR...

ingredient 1 - The Coach/Mentor

As a leader of others, you must be the coach and mentor.

Who do you have in your life right now that you are leading? Who do you need to guide, coach and mentor?

Do you reflect your own experiences, including your failures?

Do you have lived experience or know what it feels like, sounds like, looks like?

Do you love helping people?



YOUR MENTEE

Ingredient 2 - The Mentee

As a leader of others, you need to know who you are leading and mentoring.

Are they 100% committed to themselves and the process?

Are they prepared to get clear on what they want?

Will they ask for your help, be vulnerable and open to new ideas and perspectives?

What is their relationship with feedback?

Are they responsible and accountable in their life? If not, are they prepared to step up?

Are they committed to the time required? Will they 'find the time'? If they don't have time, what are they choosing to spend time on instead?

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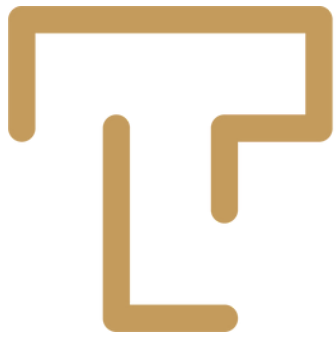
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