



MODELS TO LOOK AT THE WAY WE TURN UP IN & APPROACH LIFE

Above the line vs below the line thinking; cause and effect; language relevant to both spheres.

What we focus on, is what we get, to the exclusion of everything else.

Mindfully choose where you play the game of life.



WORLD OF RISKY (AND FUN) PROBLEMS
Where GROWTH happens!

WORLD OF SAFE (AND ICKY) PROBLEMS
Where GROWTH is inhibited!

